Stacking Wood Boxing Series #1
Ajarn Kevin Seaman/ Smiling Tiger Muay Thai

Lead Jab
Double Jab
Triple Jab
Rear Cross
Double Cross
Jab/ Cross
Double Jab/ Cross
Jab/ Double Cross
Jab/Cross/ Jab
Jab/ Cross/ Jab/ Cross
(Note All punches at Head Level)*

Once the basics of this drill are solid, mix up the shots alternating head and body levels.
Example:

Lead Jab- Head
Lead Jab- Body

Double Jab- Head/ Body
Double Jab- Body/ Head

Triple Jab- Body/Head/Body
Triple Jab- Head/Body/Head
Triple Jab- Head/ Head/ Body

Rear Cross- Head
Rear Cross- Body

Double Cross- Head/ Body
Double Cross- Body/Head
(Caution- Double Shots to the Body can result in being countered)*

Stacking Wood Boxing Series #1
Ajarn Kevin Seaman/ Smiling Tiger Muay Thai (Continued)

Jab/ Cross- Head/ Body
Jab/ Cross- Body/ Head

Double Jab/ Cross- Body/ Head/ Body
Double Jab/ Cross- Head/ Body/ Head

Jab/ Double Cross- Head/ Body/ Head
Jab/ Double Cross- Body/ Head/ Head
Jab/ Double Cross- Body/ Head/ Body

Jab/ Cross/ Jab- Head/ Head/ Body
Jab/ Cross/ Jab- Body/ Head/ Head
Jab/ Cross/ Jab- Body/ Head/ Body

Jab/ Cross/ Jab/ Cross- Head/ Body/ Head/ Body
Jab/ Cross/ Jab/ Cross- Head/ Head/ Body/ Head
Jab/ Cross/ Jab/ Cross- Head/ Body/ Head/ Body
Jab/ Cross/ Jab/ Cross- Body/ Head/ Head/ Body
Jab/ Cross/ Jab/ Cross- Body/ Head/ Body/ Head